

menu

Casa Bambini Essendon



Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran			
Morning Tea	Fresh Fruit Platter Seasonal Fruits with Milk	Fresh Fruit Platter Seasonal Fruits with Milk			
Lunch	Thai Style Chicken Noodles Stir Fry Vegetarian - Tofu	West African Beef and Tomato Stew Vegetarian - Lentils	Tortellini Ricotta and Roasted Vegetable with Napoli Sauce	Mexi Bowl Mexican Beans, Rice, Corn Chips, Avocado, Tomato, Lettuce and Cheese	Tandoori Lamb with Rice and Naan Vegetarian - Chickpeas
Afternoon Tea	Vegemite and Cheese Scrolls	Fresh Fruit and Custard	Apple Cinnamon Oat Cups	Gozleme Spinach and Halloumi	Honey Cake Under 12 months Vanilla Cake
Late snack	Meze Platter Crackers, Olives, Cheese, Veggie and Fruit Sticks	Meze Platter Crackers, Olives, Cheese, Veggie and Fruit Sticks			