

## menu

## Casa Bambini Essendon



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran	Toast with Vegemite, Cereals Weetbix, Cornflakes, Rice Bubbles or Sultana Bran
Morning Tea	<b>Fresh Fruit Platter</b> Seasonal Fruits with Milk	<b>Fresh Fruit Platter</b> Seasonal Fruits with Milk	<b>Fresh Fruit Platter</b> Seasonal Fruits with Milk	<b>Fresh Fruit Platter</b> Seasonal Fruits with Milk	<b>Fresh Fruit Platter</b> Seasonal Fruits with Milk
Lunch	<b>Creamy Coconut</b> <b>Beef and Pumpkin</b> <b>Curry</b> With Rice Vegetarian - Tofu	Gnocchi with Napoli Sauce	<b>Beef Tacos</b> Wraps with Salad and Sour Cream Vegetarian - Mexican Beans	Creamy Butter Beans	<b>Sushi Bowl</b> With Teriyaki Chicken, Edamame beans, Cucumber sticks and Seaweed crisps Vegetarian - Tofu
Afternoon Tea	Fruit Smoothies	Greek Yogurt Apple Blueberry Bread	<b>Turkish Bread</b> With Cucumber dip and Veggie Sticks	Zucchini and Sweet Potato Fritters With Sweet Chilli Sauce	Cheesy Quesadilla
Late snack	<b>Meze Platter</b> Crackers, Olives, Cheese, Veggie and Fruit Sticks	<b>Meze Platter</b> Crackers, Olives, Cheese, Veggie and Fruit Sticks	<b>Meze Platter</b> Crackers, Olives, Cheese, Veggie and Fruit Sticks	<b>Meze Platter</b> Crackers, Olives, Cheese, Veggie and Fruit Sticks	<b>Meze Platter</b> Crackers, Olives, Cheese, Veggie and Fruit Sticks